



**Sarah Carlisle Towery - Alabama Art Colony**  
**October 11 – 16, 2019**  
**SUPPLY LIST – Elizabeth Robbins’ Class**

**MATERIALS**

Oil Paint  
Winsor & Newton Artists’ Oil Colours or equivalent  
Titanium White  
Cadmium Lemon  
Cadmium Yellow Pale  
Cadmium Yellow Deep  
Cadmium Red  
Cadmium Red Deep  
Indian Yellow  
Yellow Ochre Pale  
Raw Umber  
**Rembrandt’s** Transparent Oxide Red  
Alizarin Crimson  
French Ultramarine  
Cobalt Blue  
Viridian  
Ivory Black

**ABOUT PAINTS:** I realize some of these colors are quite expensive but would prefer them over the Winton brand or any other “Student” quality paint. If cost is an issue then maybe one tube could be shared among several people

**BRUSHES:** I bring brushes for sale at a 30% discount so don’t worry if you can’t find these at art supply store:

Hog Bristle filberts size 2, 4 6 or 1, 3 ,5  
Royal Sabletek series 95510 sizes 2, 4, 6, 8 10, 14, 18. (various sizes)  
Series 95510 size 24 or 26 or 28 large flat (at least 3/4” wide)

A 2 inch chip brush from hardware store. (cheap Chinese bristle paintbrush)

**Note:** I move back and forth between the sable flats and the bristle filberts. I like the sable flats in the shadowed areas when I want quiet passages of paint and I like the bristle filberts in the light areas so that I can add texture in the light.

**CANVAS:** I use C12 from [www.newtraditionsartpanels.com](http://www.newtraditionsartpanels.com) Various sizes not bigger than 16x20

Alternative is Centurian Oil Primed linen

Also bring some cheaper small canvas (8x10) for studies. You can also buy Canvas pads that are pretty cheap for these studies



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**OTHER SUPPLIES**

Large grey Toned Palette impervious to oils  
Palette Knife  
Paper towels  
Odorless turpentine only (to clean brushes) I've been using Gamsol)  
Gamblin's Neo Meglip (I will bring samples for everyone)  
Hand mirror  
A willingness to learn  
A sense of humor  
Camera  
Items needed if painting from life: (check with workshop coordinator to see what is being supplied)  
Any props that you want to paint from  
Fabrics for drapery to paint  
Light stand and bulb: I use a cool light bulb 5000K 100W daylight bulb from Home Depot  
Cardboard box that is 20 x 20 x 20 for still life box

**Please visit my YouTube channel to watch a tutorial on the materials and still life set up**  
<https://www.youtube.com/watch?v=lspL1DQUrvM>

**\*OPTIONAL:** If you have an iPad, bring it. Also, it's helpful to have the app "Notanzier"  
It is only a couple dollars but helps identify values.

**CLASS DESCRIPTION**

In the workshop Elizabeth will take each day to discuss the fundamentals of painting: Composition, values, temperature, edges, texture, color. Students will gain a better understanding about how to create dimension with light and shadow and how to orchestrate a painting that has rhythm. Each day a new fundamental will be discussed and will build upon the last. Elizabeth will do daily demonstrations. An emphasis on flowers.

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